



浙江海洋大學  
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To whom it may concern,

I have the privilege to nominate my student Lujia Shen, whom I have known for four years. I have taught her Human Anatomy and Physiology during this period; she has shown great performance. Additionally, her first year's General Test result surprised me since she came first in her class. I also oversaw her graduation thesis and the national innovation and entrepreneurship initiative for university students.

In selecting her thesis research topic, Lujia selected marine peptide drugs, which are very relevant to my area of research. During the research process, Lujia co-authored two precious papers with her seniors, i.e., "Monkfish (*Lophius litulon*) Peptides Ameliorate High-Fat-Diet-Induced Nephrotoxicity by Reducing Oxidative Stress and Inflammation via Regulation of Intestinal Flora" and "Acute toxicity test of peptides from monkfish meat in mice". The former paper has been successfully published in SCI journals, demonstrating her solid academic foundation and research ability.

Lujia searched the related literature during writing, proposed new research hypotheses, and tested them through rigorous experimental design. Her logical thinking and ability to analyse experimental data are impressive, rendering the research findings of high academic worth.

Her written communication skills are also outstanding. She can present her research thoughts clearly and precisely, and can easily simplify complicated scientific terms into simple language. Her skills in this aspect are shown well in interactions with team members and in project reports. Apart from this, Lujia efficiently managed and coordinated the entire team as project leader in order to ensure smooth work completion. Her style of operation is decisive but warm, such that members can feel appreciated and motivated to work together.

In conclusion, Lujia Shen is a well-educated student academically, possessing excellent research skills and better organisational and management skills. She is not only a good academic student but also has a good leadership and team work potential. I am sure she will perform even better in her future academic studies and be a good asset to the field she chooses to specialise in.

Yours sincerely,

*Zuisu Yang*



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